


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 2:00 RESIDENT LED HYMNS (TH) DAYLIGHT SAVINGS TIME BEGINS 11:30 MEXICAN BUFFET – GUEST TICKETS AVAILABLE  2:00 RESIDENT LED HYMNS (TH)	ORTHODOX LENT BEGINS 9:30 PARKLAND MALL  10:00 COFFEE BREAK (BI) 2:00 CHAIR EXERCISE (TH) 3:00 UNO (BI) 6:00 TABLETOP GAMES (BI)	9:00 MEDICAL/BANKING  10:00 COFFEE BREAK (BI) 2:00 CHAIR EXERCISE (TH) 3:00 HANGMAN (BI) 6:00 TILE RUMMY (BI)	10:00 KNIT WITS (LO) 10:00 COFFEE BREAK (BI) 1:30 BARRY BERMAN ON TRADITIONS (TH) 3:00 BALANCE EXERCISE (TH) 6:00 MOVIE NIGHT (TH)	10:00 COMMUNION 10:00 SHOPPERS DRUG MART (SUR)  2:00 LEARN TO USE THE EXERCISE BIKES (EX) 3:00 BINGO (BI) 6:00 SKIP-BO (BI)	9:30 BOWER MALL  10:00 COFFEE BREAK (BI) 10:00 PAMPERED HANDS (BI) 10:30 GENTLEMENS FITNESS(TH) 2:00 SING-ALONG WITH SANDY (TH)  3:00 POPCORN SOCIAL (BI) 6:00 TABLETOP GAMES (BI)	10:00 COFFEE BREAK (BI) 10:30 MORNING SKIP-BO(BI)  6:00 MOVIE NIGHT (TH)	
15  2:00 RESIDENT LED HYMNS (TH)	9:30 PARKLAND MALL  10:30 A&E HEARING (BI) 2:00 POPLAR RIDGE SINGERS (TH) 3:30 CHAIR EXERCISE (TH)  6:00 TABLETOP GAMES (BI)	SAINT PATRICKS DAY 9:00 MEDICAL/BANKING  10:00 COFFEE BREAK (BI) 2:00 SAINT PATRICKS DAY SOCIAL (BI)  6:00 TILE RUMMY (BI)	10:00 KNIT WITS (LO) 10:00 COFFEE BREAK (BI) 11:00 LUNCH OUTING TO DRAGON CITY CAFE(SUR)  2:30 BALANCE EXERCISE (TH) 6:00 MOVIE NIGHT (TH)	FIRST DAY OF SPRING 10:00 COMMUNION 10:00 COFFEE BREAK (BI) 10:30 SIT N BE FIT (TH) 2:00 SPRING TRIVIA & GAMES (BI)  6:00 SKIP-BO (BI)	INTERNATIONAL DAY OF HAPPINESS 10:00 COFFEE BREAK (BI) 10:00 PAMPERED HANDS (BI) 10:30 GENTLEMENS FITNESS(TH) 2:00 DEE AND BLAIR (TH)  3:00 SOCIAL (BI) 6:00 TABLETOP GAMES (BI)	10:00 COFFEE BREAK (BI) 10:30 MORNING SKIP-BO(BI) 12:30 – 4:00 OPEN HOUSE WITH MUSIC BY MURRAY LARSEN  6:00 MOVIE NIGHT (TH)	
22  2:00 RESIDENT LED HYMNS (TH)	9:30 PARKLAND MALL & DOLLARAMA  10:00 COFFEE BREAK (BI) 2:00 CHAIR EXERCISE (TH) 3:00 CARD BINGO (BI) 6:00 TABLETOP GAMES (BI)	9:00 MEDICAL/BANKING  10:00 COFFEE BREAK (BI) 1:30 PHILIPPE MARLEAU (TH)  3:00 CHAIR EXERCISE (TH) 6:00 TILE RUMMY (BI)	10:00 KNIT WITS (LO) 10:00 COFFEE BREAK (BI) 2:00 ARMCHAIR TRAVEL TO IRELAND (TH)  6:00 MOVIE NIGHT (TH)	9:30 COFFEE OUTING TO MCDONALDS (SUR)  10:00 COMMUNION 2:00 RESIDENTS MEETING(TH) 3:00 THIRSTY THURSDAY(BI) 6:00 SKIP-BO (BI)	9:30 BOWER MALL  10:00 COFFEE BREAK (BI) 10:00 PAMPERED HANDS (BI) 10:30 GENTLEMENS FITNESS(TH) 1:30 PET THERAPY (LO) 2:00 LEFT-CENTRE-RIGHT (BI) 6:00 TABLETOP GAMES (BI)	10:00 COFFEE BREAK (BI) 10:30 MORNING SKIP-BO(BI)  6:00 MOVIE NIGHT (TH)	
29  2:00 RESIDENT LED HYMNS (TH)	9:30 PARKLAND MALL  10:00 COFFEE BREAK (BI) 2:00 CHAIR EXERCISE (TH) 3:00 LEFT-CENTRE-RIGHT (BI) 6:00 TABLETOP GAMES (BI)	9:00 MEDICAL/BANKING  10:00 COFFEE BREAK (BI) 2:00 MARCH BIRTHDAY CELEBRATION (BI) 3:00 JEOPARDY (BI) 6:00 TILE RUMMY (BI)	 <h1>MARCH</h1>			ROOM LEGEND TH - THEATER BI - BISTRO LO – LOUNGE  BUS WP- WEATHER PERMITTING SUR – SIGN UP REQUIRED EX – EXERCISE ROOM LI – LIBRARY DR – DINNING ROOM	HAPPY BIRTHDAY BETTY P. – MARCH 5 JUNE M. – MARCH 6 PAT D. – MARCH 13 LEWIS H. – MARCH 19